

# *Connecting Touch News*

**“Healthy Living Through Healthy Touch”**

**September 2007**

**About our new e-newsletter...** I will be sending it out the first of each month. I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at [jack@connectingtouch.com](mailto:jack@connectingtouch.com), and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/ct/newsletter/default.htm>.

And as always, I thank you for your continued support and encouragement.

Jack Hayes

## **Happy Birthday to Us**



**Join us on Wednesday  
September 12<sup>th</sup> for our  
12<sup>th</sup> Birthday/Open House**

## **~Connecting Touch~**

**Celebrates 12 Years in Business!!**  
**Join us in celebration and appreciation!**

**When: Wednesday September 12, 2007**

**10 am-7 pm**

**Who: Connecting Touch**

**Therapy & Wellness Center, Inc.**

**Why: 12<sup>th</sup> Birthday Celebration**

**Where: 960 Graham Rd Cuyahoga Falls**

**330-945-9354**

- Free Chair Massage from 10 am to 7 pm
- Free Chair Reiki
- Free Gift for Everyone
- Hourly Drawings for Fabulous Door Prizes
- Light Refreshments and, of course, **Birthday Cake!!**

### **~Everything On Sale/One-Day Only~**

- **15% Off** All Products (including massage equipment)
- **10% Off** All Massage Gift Certificates (stock up now!)
- **15% Off** Photoart by Jim Nelson...Jim will be here from 1-4 to sign your print!

**Come Early, Stay Late And Help Us  
Celebrate Our 12<sup>th</sup> Year In Business**

# Thank you

to our door prize donors

**Over 800 Door Prizes  
Worth Over \$8580!!**

**~Grand Prizes~**

- **Akron Symphony**  
*2 tickets for the 2007-2008 Season*  
*Limited Edition 3-CD Set*  
*Plus more*  
*\$150.00 value*
- **Beckwith Heating & Cooling Inc.**  
*Maintenance Agreement*  
*\$180.00 value*

# ~DOOR PRIZES~

- **Friend of Connecting Touch**
  - 3 lb. Container of Hartville chocolates*  
\$25 value
  - 2 The Lizard House Adventure books*  
\$10 value each
  - My Grampy Can't Walk book*  
\$17.95 value
  - Poppy book and doll*  
\$20 value
  - Memoirs Mikhail Gorbachev*  
\$35 value
  - 4-book set by Bob Adamov*  
\$100.00 value
  - 2 Bottles of genuine maple syrup*  
\$10 value each
- **Mark & Rita Barbee**
  - OSU Happy Feet Slippers*  
\$35.99 value
- **SACS Consulting, Inc**
  - 4 Books "The You in Business" by Tim Dimoff*  
\$15.00 value each
- **Motormate Auto Center**
  - 2 sets of wiper blades installed*  
Up to \$29.95 value per set
- **Brimlow Benefits Agency**
  - "Touch of Fall" Basket*  
\$50.00 value
- **Carmen Studio**
  - 8x10 Color Family Portrait with Frame*  
\$100.00 value
- **Twin Sisters Productions**
  - (250) 2 CD/Book sets*

*\$9.99 value each (total of \$2,497.50)*

*(26) Music CD Greeting Cards*

*\$4.95 value each (total of \$128.70)*

- **O'Hare Irish Dancers**

*Galway Crystal Celtic 9" Oval Vase*

*\$80.00 value*

- **Full Moon Yoga Studio**

*(3) One-Week Pass for Yoga Classes*

*\$48 value each (total \$144.00)*

- **Valley Savings Bank**

*Folding Chair*

*\$25.00 value*

- **Rita's**

*(2) Gift Baskets*

*\$30.00 value each (total \$60.00)*

*(500) coupons*

*\$9.00 value each (total \$4500.00)*

- **Ahola Payroll Services**

*(2) Cleveland Browns tickets*

*\$80.00 value*

- **Nikki Smith-Hayes**

*Cucina Hand Wash & Hand Cream Set*

*\$30.00 value*

- **AG PrintPromo Solutions**

*Starbucks Gift Card*

*\$5.00 value*

*Gift Basket*

*\$100.00 value*

- **Flower A Day Florist**

*Planter*

*\$80.00 value*

- **S.R. Sprouts**

*Fall Basket*

*\$55.00 value*

- **And many more!!**





- \*Thank you to **Jeff Kline**, president of *Fun Services, Inc.* for providing the drawing drum.
- \*Thank you to **Rita's** for free Italian ice coupons for everyone!
- \*And a really big thank you to **Jacob Mathew of ICBS** for all the updates on the web site!

Please support our friends by shopping at their businesses.

## ~Remember~

**Gift certificates from Connecting Touch make great gifts!!  
We have specialty gift certificates for different occasions.**

**For example:**

	<p style="text-align: center;"><b>Birthdays</b></p>
	<p style="text-align: center;"><b>Anniversaries or Weddings</b></p>
	<p style="text-align: center;"><b>Hot Stone Massage</b></p>
	<p style="text-align: center;"><b>”Pea in the Pod” Pregnancy Massage</b></p>

*Treat Mom-to-Be to a soothing*  
**"Pea in the Pod" Massage**



*Connecting Touch Therapy & Wellness Center is now offering Pregnancy Massage with the Prego Pillow™, a medically tested, safe way for expecting mothers to lie comfortably on their tummies while getting a massage.*

According to [expectantmothersguide.com](http://expectantmothersguide.com) the benefits of pregnancy massage include:

- Elimination of waste products through the lymphatic & circulatory system, which combats fatigue.
- Increased circulation and reduced stress on the heart which keep blood pressure in check.
- Alleviation of muscle tightness, stiffness, tension, and cramping.
- Relief from headaches, stiff neck, backaches, sciatica, edema, and sore feet.
- An increase in oxygen and nutrients to the cells of mother and fetus; which means mom has more energy and fetus receives better nourishment.
- Stabilization of hormone levels.
- Increased flexibility of muscles.
- Relaxation and better sleep; which means a healthier and happier mom.
- Relaxation of muscles to improve rotation of breech presentation.
- An easier childbirth.
- Speedier healing during postpartum recovery.
- Relief from soreness and stiffness after childbirth.

**GIFT CERTIFICATES AVAILABLE**

***Connecting Touch Therapy & Wellness Center***

1315 B Corporate Dr. Hudson  
Ph: (330) 650-1467

960 Graham Rd. Cuyahoga Falls  
(330) 945-9354

[www.connectingtouch.com](http://www.connectingtouch.com)

# ~Staff~

## Massage Therapists

Michael Hale	AnnMarie Lohmier	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Pruszynski
Jack Hayes	Hallie Unkel	Rica Keith

## Reiki Master/Teacher

Ed Coyle

## Medical Acupuncturist

Dr. Shila Mathew, MD

## Office Staff

Jack Hayes... President  
Katie Hayes....General Manager  
Nikki Hayes...General Manager-Hudson  
Rita Dawson...Office Assistant  
Kathy Campbell...Office Assistant

## ~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service.

**We are open 7 days a week.**

**Massage Hours**.....Monday–Friday 9:00 am to 6:30 pm  
Saturday 9:00 am to 5:00 pm  
Sunday 11:30 am to 4:00 pm

**Store Hours**.....Monday-Saturday 9:00 am to 6:00 pm  
Sunday 11:30 am to 5:00 pm

# *Connecting Touch*

## **Therapy & Wellness Center, Inc.**

960 Graham Road  
Cuyahoga Falls, Ohio 44221  
**330-945-9354 800-565-2926**

1315B Corporate Dr  
Hudson Ohio 44236  
**330-650-1467**

**[www.connectingtouch.com](http://www.connectingtouch.com)**