

# *Connecting Touch News*

**“Healthy Living Through Healthy Touch”**

September 2006

**About our new e-newsletter...** I will be sending it out the first of each month. I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at [jack@connectingtouch.com](mailto:jack@connectingtouch.com), and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/ct/newsletter/default.htm> .

And as always, I thank you for your continued support and encouragement.

Jack Hayes

## **~Email Trouble~**

I know that this newsletter is a bit late coming out to you, but there was a problem with AOL addresses. There seems to have been some complaints about spam coming from Connecting Touch, which were directed to AOL. I had to purge all AOL accounts from our email list before I could send this out. Sorry if this caused any anxiety in you...I know you look forward to getting this newsletter and answering the questions for a FREE massage!!!

*Jack Hayes*

**Check out page 6 for the new referral thank-you program!!**

# ~Business of the Month...

Unfortunately the scheduled business of the month cancelled at the last minute, so...the featured business of the month is going to be...

## Our New Hudson Office!!! ~



**The tables are in the rooms, the sign is up and we are ready...**

On Friday, September 1 we opened our Hudson office!! Our second location is in the Hudson Professional Office Park at 1315B Corporate Drive just off Rte 91 (Darrow Road) across the street from Jo-Ann Stores Inc. The telephone number is 330-650-1467. Our hours are the same as the Cuyahoga Falls office; Monday-Friday 9-6:30, Saturday 9-5 and Sunday 11:30-4. There are three therapy rooms and we will be doing massage therapy, acupuncture and Reiki at the Hudson office. Look for the announcement of the Grand Opening in October.



# Connecting Touch is celebrating our 11<sup>th</sup> **Birth**day!!!

Wednesday September 13 from 10:00 am to 7:00 pm

Join us for:

- **Free Chair Massage**
- **Free Chair Reiki**
- **Free gifts to everyone**
- **Spectacular Door Prizes**
- **Refreshments**
- **Meet Noted Photoartist Jim Nelson**
- **Acupuncture presentation**
- **Gemstones and jewelry display**
- **And of course “lotsa” Birthday Cake!!!**

2% of all revenue to Humane Society of Greater Akron and Falls Cancer Club  
Come early-stay late-meet our staff-make new friends

# ~Frequently Asked Questions~

## **Are all your massage therapists licensed?**

Yes. It is very important that our massage therapists be licensed by the State of Ohio. In Ohio, massage therapy is a limited practice of medicine and the therapist has to take at least 600 hours of training and then, after successfully completing training from an accredited school, go before the State Medical Board of Ohio. Once they pass that test, they are licensed to practice in Ohio. Each state is a little different in regulating massage therapists.

## **What about the other members of your staff?**

Each member of the staff is either licensed or certified in their field to work here. That includes our Yoga & Tai Chi instructors, Reiki practitioner and Acupuncturist. We are very selective in our hiring to ensure high quality services.

Do you have a question? Just send it to [jack@connectingtouch.com](mailto:jack@connectingtouch.com) and we will answer it in a future issue. Also, you can go to [http://holisticonline.com/massage/mas\\_home.htm](http://holisticonline.com/massage/mas_home.htm). This site is full of useful and reliable information.

# ~Calendar~

## **Drop-In Meditation Classes with Tajalli**

2<sup>nd</sup> and 4<sup>th</sup> Thursdays 6:30-7:30pm \$15 each or 4/\$48 prepaid

## **Pamper Your Partner Massage Class with Jack Hayes**

First Tuesday of the month 6:30-8:30pm 9/5, 10/3

One Saturday a month 2:00-4:00pm 10/14

Cost: \$60/couple (bottle of oil and book included)

## **Reiki Classes with Ed Coyle, Reiki Master/Teacher**

Reiki I: Sundays September 17 or October 22

Reiki II: Sundays October 15 or November 19

9am-6pm, \$150 each or \$250 for I & II

A.R.T. and Reiki Master Level: Scheduled as needed

Reiki Master Class: October 28 and November 11

## **Tai Chi Classes with Gary Harris**

Tuesdays August 29-October 17 5:30-7:00pm \$80

Tuesdays October 24-December 12 5:30-7:00pm \$80

## **Yoga Classes**

Tuesdays 10-11:30am September 26-November 14 \$80/8 weeks

Wednesdays 4-5:30pm September 27-November 15 \$80/8 weeks

Instructor: Heidi Shaffer

Wednesdays 6-7:30pm September 27-November 15 \$80/8 weeks

Instructor: Betty Zenar

## **Labor Day September 4**

Center Closed

## **Connecting Touch's 11<sup>th</sup> Birthday Open House**

Wednesday September 13 10am-7pm

Free chair massage, chair Reiki, door prizes and birthday cake!

## **Build Your Business Seminar** presented by Jack Hayes

Sunday Oct 1, 2006 9:00am-1:00pm \$95

**Check out page 6 for the new referral thank-you program!!**

## ~News from CTT~

We are growing thanks to your support!! see page 2.

### ~Acupuncture now available~

We now have a certified acupuncturist on staff. **Dr. Shila Mathew, MD**, certified in Medical Acupuncture from McMaster University, will be taking Saturday & Sunday appointments at both of our locations.

Dr. Mathew is also trained in GTT acupuncture to treat myofascial pain, fibromyalgia, stress, substance abuse and numerous musculoskeletal conditions. She is a member of the American Academy of Medical Acupuncture and is the medical director and co-founder of [www.holisticonline.com](http://www.holisticonline.com) . You can learn more about Dr. Mathew and acupuncture at [www.drshila.com](http://www.drshila.com) .

### ~Referral “Thank You” Program~

Our biggest growth has come from our own customers referring their friends and families to us. So, on July 1 we started a new program in which we thank you, our customers, for all the people you refer to us. **For each referral of a new customer, you will receive one (1) movie ticket to a Regal Theater.** Just have the referred person let us know that you referred them, and we will take care of the rest. (The referral is for a massage or Reiki treatment and the person has never been to Connecting Touch. Contact us for complete rules and guidelines.)

## ~Community Room~

**\*Baby Shower\*\*Bridal Shower\***

**\*Birthday Parties\*\*Business Meeting\***

At our Cuyahoga Falls location, we have a Community Room in which we hold our classes, and we also rent out this room. If you or your organization is looking for a meeting room, contact us for availability. Great for meetings, bridal showers, birthday parties, etc. **Wireless Internet available.** Call 330-945-9354 for details.

## ~Know Your Therapist~

Each month we will feature one or two therapists.

### **Jacqui Milford, LMT**

- Licensed in 2001 and the newest addition to our staff
- Hot Stone Massage
- Myofascial Release
- Pregnancy Massage
- Massage for Fibromyalgia
- Deep Tissue Massage

## ~Types of Massage~

There are many types of massage techniques. Our therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage

Myofascial Release

Reflexology

Cranial Sacral

Neuromuscular Therapy

Reiki

Deep Tissue

Shiatsu

Fibromyalgia

Polarity

Sports massage

Geriatric Massage

Pregnancy Massage

Trigger Point

## ~Comments~

**Do you have any comments or suggestions? Just send them to [jack@connectingtouch.com](mailto:jack@connectingtouch.com)**

# ~Staff~

## Massage Therapists

Michael Hale	Steve Honn	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Milford
Jack Hayes	Annie Lohmier	Hallie Unkel

## Reiki Master/Teacher

Ed Coyle

## Certified Acupuncturist

Dr. Shila Mathew, MD

## Office Staff

Jack Hayes.....	President
Katie Hayes.....	General Manager
Nikki Hayes.....	Office Manager
Annie Lohmier.....	Office Assistant

# ~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service. We are open 7 days a week.

**Massage Hours**.....Monday–Friday 9:00 am to 6:30 pm  
Saturday 9:00 am to 5:00 pm  
Sunday 11:30 am to 4:00 pm

**Store Hours**.....Monday-Saturday 9:00 am to 6:00 pm  
Sunday 11:30 am to 5:00 pm

# *Connecting Touch*

Therapy & Wellness Center, Inc.

960 Graham Road  
Cuyahoga Falls, Ohio 44221  
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1315B Corporate Dr  
Hudson Ohio 44236  
330-650-1467

**[www.connectingtouch.com](http://www.connectingtouch.com)**