

Connecting Touch News

“Healthy Living Through Healthy Touch”

November 2006

About our new e-newsletter...I will be sending it out the first of each month. I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at jack@connectingtouch.com, and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/ct/newsletter/default.htm> .

And as always, I thank you for your continued support and encouragement.

Jack Hayes

THANKSGIVING



~Did You Know?~

- Massage therapy is effective in reducing the stress of the holiday season.
- Massage gift certificates make wonderful gifts!
- All of our massage therapists are licensed by the State Medical Board of Ohio.

~Frequently Asked Questions~

What is Corporate Chair Massage?

We come to your office with a specially designed chair and concentrate on the areas of greatest tension, the neck, back, shoulders and arms.

How much space is needed?

We need very little space in which to do the chair massage. Usually an office or conference room will work.

How long is the chair massage per person?

The average length of time for a chair massage is usually 12-15 minutes, but we will comply with your wishes...as little as 5 minutes per person or 20 minutes or longer.

Do you have a question? Just send it to jack@connectingtouch.com and we will answer it in a future issue. Also, you can go to http://holisticonline.com/massage/mas_home.htm. This site is full of useful and reliable information.

[Check out page 6 for the new referral thank-you program!!](#)



🕯️ *Holiday Special* 🕯️

Save 15%

When you buy a package
of 4 or more massage gift certificates.

The perfect gift for everyone on your list!

1/2 hour.....4 for \$142.80 (only \$35.70 each)*

1 hour.....4 for \$238.00 (only \$59.50 each)*

1 1/2 hour.....4 for \$312.80 (only \$78.20 each)*

***Plus sales tax. Gift certificate offer expires on 12-31-06.**

❄️❄️ **Weekly Holiday Sales** ❄️❄️

November 26- Dec 2....**10% off:** BodySense Aromatherapy Hot/Cold Wraps

December 3-9.....**15% off:** All Massage Oils, Lotions, & Bath Salts

December 10-16.....**15% off:** Essential Oils & Diffusers

December 17-24.....**15% off:** All CDs & Cards



This season, stay home by the **warm and cozy fire** and do your holiday shopping in the comfort of your home.

Just click the web site below and follow the instructions to give the gift you would love to receive. http://connectingtouch.com/ct/ct_gift_cert.htm then use the printable gift certificate to give away.

However, if you do venture out, we will have complimentary gourmet coffee and herbal teas to keep you warm on the inside and the warm neck wrap to keep you warm on the outside.



~Calendar~

Drop-In Meditation Classes with Tajalli

2nd and 4th Thursdays 6:30-8:00pm \$15 each or 4/\$48 prepaid

Pamper Your Partner Massage Class with Jack Hayes

Great gift item...

First Tuesday of the month 6:30-8:30pm

One Saturday a month 2:00-4:00pm

Cost: \$60/couple (bottle of oil and book included)

Reiki Classes with Ed Coyle, Reiki Master/Teacher

Reiki I: Sunday

Reiki II: Sunday November 19

9am-6pm, \$150 each or \$250 for I & II

A.R.T. and Reiki Master Level: Scheduled as needed

Reiki Master Class: October 28 and November 11

Tai Chi Classes with Gary Harris

Tuesdays October 24-December 12 5:30-7:00pm \$80

Yoga Classes

Tuesdays 10-11:30am September 26-November 14 \$80/8 weeks

Instructor: Heidi Shaffer

Wednesdays 4-5:30pm September 27-November 15 \$80/8 weeks

Instructor: Deidre McHugh

Wednesdays 6-7:30pm September 27-November 15 \$80/8 weeks

Instructor: Betty Zenar

Build Your Business Seminar presented by Jack Hayes

Sunday May 6, 2007 9:00am-1:00pm \$95

Check out page 6 for the new referral thank-you program!!

~Acupuncture ~

Dr. Shila Mathew, MD, certified in Medical Acupuncture from McMaster University, is taking Saturday & Sunday appointments at both of our locations.

Dr. Mathew is also trained in GTT acupuncture to treat myofascial pain, fibromyalgia, stress, substance abuse and numerous musculoskeletal conditions. She is a member of the American Academy of Medical Acupuncture and is the medical director and co-founder of www.holisticonline.com . You can learn more about Dr. Mathew and acupuncture at www.drshila.com .

~Referral “Thank You” Program~

Our biggest growth has come from our own customers referring their friends and families to us. So, on July 1 we started a new program in which we thank you, our customers, for all the people you refer to us. **For each referral of a new customer, you will receive one (1) movie ticket to a Regal Theater.** Just have the referred person let us know that you referred them, and we will take care of the rest. (The referral is for a massage or Reiki treatment and the person has never been to Connecting Touch. Contact us for complete rules and guidelines.)

~Comments~

We always look forward to your comments and suggestions so feel free to forward them to me. *Jack*

Do you have any comments or suggestions? Just send them to jack@connectingtouch.com

~Community Room~

Baby Shower**Bridal Shower
Birthday Parties**Business Meeting

At our Cuyahoga Falls location, we have a Community Room in which we hold our classes, and we also rent out this room. If you or your organization is looking for a meeting room, contact us for availability. Great for meetings, bridal showers, birthday parties, etc. **Wireless Internet available.** Call 330-945-9354 for details.

~Know Your Therapist~

Each month we will feature one or two therapists.

~Types of Massage~

There are many types of massage techniques. Our therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage

Cranial Sacral

Deep Tissue

Fibromyalgia

Geriatric Massage

Myofascial Release

Neuromuscular Therapy

Shiatsu

Polarity

Pregnancy Massage

Reflexology

Reiki

Sports massage

Trigger Point

~Staff~

Massage Therapists

Michael Hale	Annie Lohmier	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Milford
Jack Hayes	Hallie Unkel	

Reiki Master/Teacher

Ed Coyle

Certified Acupuncturist

Dr. Shila Mathew, MD

Office Staff

Jack Hayes... President
Katie Hayes....General Manager
Nikki Hayes...General Manager-Hudson
Annie Lohmier...Office Assistant

~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service. We are open 7 days a week.

Massage Hours.....Monday–Friday 9:00 am to 6:30 pm
Saturday 9:00 am to 5:00 pm
Sunday 11:30 am to 4:00 pm

Store Hours.....Monday-Saturday 9:00 am to 6:00 pm
Sunday 11:30 am to 5:00 pm

Connecting Touch

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