

Connecting Touch News

“Healthy Living Through Healthy Touch”

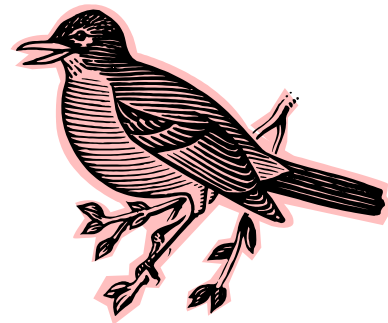
March 2007

About our new e-newsletter...I will be sending it out the first of each month.

I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at jack@connectingtouch.com, and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/ct/newsletter/default.htm>.

And as always, I thank you for your continued support and encouragement.

Jack Hayes



Welcome Spring!!





**We are now
offering
Hot Stone Massage
at our Hudson Office.**

**Treat yourself to a one-and-a-half hour
Hot Stone Massage and experience the
wonderful combination of massage with
hot stones.**

**Cost is \$120.00 and only available at our
Hudson office.**

Something New!

We have specialty gift certificates for different occasions.

See below:

 **St Patrick's Day Gift Certificates**



Birthday Gift Certificates



Anniversaries or Weddings



Graduations

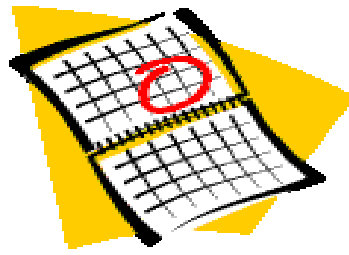


Mother's Day



Father's Day

...and more!!



~Calendar~

Drop-In Meditation Classes with Tajalli

2nd and 4th Thursdays 6:30-8:00pm \$15 each or 4/\$48 prepaid

Pamper Your Partner Massage Class with Jack Hayes

First Tuesday of the month 6:30-8:30pm

One Saturday a month 2:00-4:00pm

Cost: \$75/couple (bottle of oil and book included)

Reiki Classes with Ed Coyle, Reiki Master/Teacher

Reiki I: Sunday March 18, May 20, September 16, 2007 9a-6p \$150*

Reiki II: Sunday April 15, June 24, October 14, 2007 9a-6p \$150*

A.R.T. and Reiki Master Level: Scheduled as needed

*Ed's returning students receive a 10% discount on subsequent classes.

Tai Chi Classes with Gary Harris

Tuesdays February 27-April 17 5:30-7:00pm \$80

Tuesdays April 24-June 12 5:30-7:00pm \$80

Yoga Classes

Tuesdays 10-11:30am March 6-April 24 \$80/8 weeks

Instructor: **Heidi Shaffer**

Wednesdays 4-5:30pm March 7-April 25 \$80/8 weeks

Instructor: **Deidre McHugh**

Wednesdays 6-7:30pm March 7-April 25 \$80/8 weeks

Instructor: **Betty Zenar**

Build Your Business Seminar presented by Jack Hayes

Sunday May 6, 2007 9:00am-1:00pm \$95

Sunday October 7, 2007 9:00am-1:00pm \$95

~Acupuncture ~

Dr. Shila Mathew, MD, certified in Medical Acupuncture from McMaster University, is taking Sunday only appointments at both of our locations.

You can learn more about Dr. Mathew and acupuncture at www.drshila.com .

~Referral “Thank You” Program~



Our biggest growth has come from our own customers referring their friends and families to us. So, on July 1 we started a new program in which we thank you, our customers, for all the people you refer to us. **For each referral of a new customer, you will receive one (1) movie ticket to a Regal Theater.** Just have the referred person let us know that you referred them, and we will take care of the rest. (The referral is for a massage or Reiki treatment and the person has never been to Connecting Touch. Contact us for complete rules and guidelines.)

~Comments~

“Hi Jack - just received your monthly newsletter notice and I just wanted to say thank you! It's always such a blessing to receive your Magnificent Monday email and read your quote. I've been known to pass on some of them to my friends and staff of Stow-Glen Retirement Village. This is the first time I've taken the time to answer your questions, but I found the article on the Hot Stone Massage very interesting. You are a true blessing to this community and I am blessed by the service you provide. Good Luck to you in all you do! God Bless You!” *TD*

Katie -- you are the most beautiful person on the inside as well as on the outside that I know!

Thanks for getting me that information. *DN*

Do you have any comments or suggestions? Just send them to jack@connectingtouch.com

~Community Room~



Baby Showers**Bridal Showers
Birthday Parties**Business Meetings

At our **Cuyahoga Falls location**, we have a Community Room in which we hold our classes, and we also rent out this room. If you or your organization is looking for a meeting room, contact us for availability. Great for meetings, bridal showers, birthday parties, etc. **Wireless Internet available.** Call 330-945-9354 for details.

~Types of Massage~



There are many types of massage techniques. Our massage therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage	Myofascial Release	Reflexology
Cranial Sacral	Neuromuscular Therapy	Reiki
Deep Tissue	Shiatsu	
Fibromyalgia	Polarity	Sports massage
Geriatric Massage	Pregnancy Massage	Trigger Point

Our massage therapists are always continuing to learn new modalities of treatment. If the modality you want is not listed above, call to see if one of our massage therapists is trained in the modality you want.

~Staff~

Massage Therapists

Michael Hale	AnnMarie Lohmier	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Milford
Jack Hayes	Hallie Unkel	Rica Keith

Reiki Master/Teacher

Ed Coyle

Medical Acupuncturist

Dr. Shila Mathew, MD

Office Staff

Jack Hayes... President
Katie Hayes....General Manager
Nikki Hayes...General Manager-Hudson
AnnMarie Lohmier...Office Assistant

~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service.

We are open 7 days a week.

Massage Hours.....Monday–Friday 9:00 am to 6:30 pm
Saturday 9:00 am to 5:00 pm
Sunday 11:30 am to 4:00 pm

Store Hours.....Monday-Saturday 9:00 am to 6:00 pm
Sunday 11:30 am to 5:00 pm

Connecting Touch

Therapy & Wellness Center, Inc.

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330-945-9354 800-565-2926

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330-650-1467

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