

Connecting Touch News

“Healthy Living Through Healthy Touch”

December 2006

About our new e-newsletter...I will be sending it out the first of each month.

I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at jack@connectingtouch.com, and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so. You can access a printer-friendly version of our newsletter (as well as prior newsletters) at <http://www.connectingtouch.com/ct/newsletter/default.htm>.

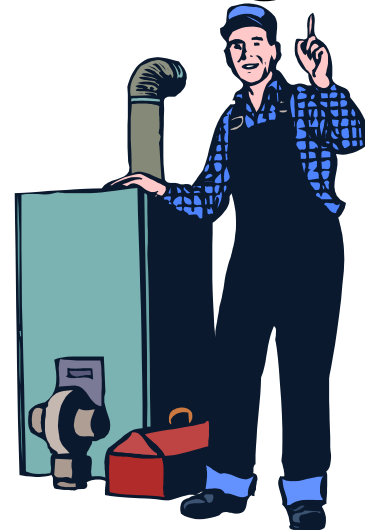
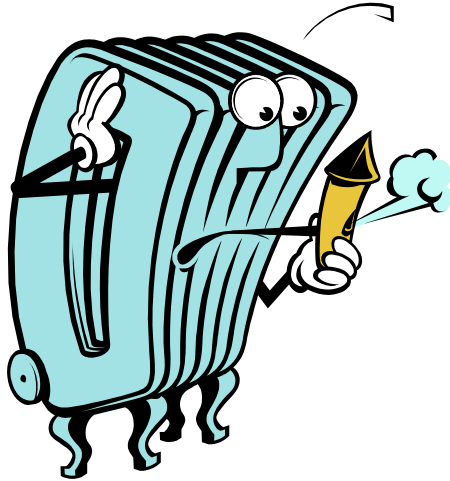
And as always, I thank you for your continued support and encouragement.

Jack Hayes



May your Holiday dreams come true!

~Business of the Month~ Beckwith Heating & Cooling, Inc.



From Worry to... Peace of Mind

**Protect your family with a furnace
safety check from Beckwith!!**

From Wednesday through Friday December 27-29, anyone who receives a massage or buys a massage gift certificate will receive a certificate for free safety check for your furnace! Charles Beckwith, a mechanical engineer, began Comfort Home in 1968 as a small business working for family and friends to fix their heating problems. By 1970 Beckwith Comfort Home was fully established as a part-time business, which kept him busy as the customer list grew. His philosophy was to provide quality service, be honest with customers, and show integrity in all actions. Today, Beckwith Heating & Cooling is located at 418 E. Cuyahoga Falls Ave. in Akron. Their telephone number is 330-630-3392. For more information on Beckwith check out www.beckwithheatcool.com

(Limit one certificate per person.)



🕯️ *Holiday Special* 🕯️

Save 15%

When you buy a package
of 4 or more massage gift certificates.

The perfect gift for everyone on your list!

1/2 hour.....4 for \$142.80 (only \$35.70 each)*

1 hour.....4 for \$238.00 (only \$59.50 each)*

1 1/2 hour.....4 for \$312.80 (only \$78.20 each)*

***Plus sales tax. Gift certificate offer expires on 12-31-06.**

❄️❄️ **Weekly Holiday Sales** ❄️❄️

November 26- Dec 2....**10% off:** BodySense Aromatherapy Hot/Cold Wraps

December 3-9.....**15% off:** All Massage Oils, Lotions, & Bath Salts

December 10-16.....**15% off:** Essential Oils & Diffusers

December 17-24.....**15% off:** All CDs & Cards



This season, stay home by the **warm and cozy fire** and do your holiday shopping in the comfort of your home.

Just click the web site below and follow the instructions to give the gift you would love to receive. http://connectingtouch.com/ct/ct_gift_cert.htm then use the printable gift certificate to give away.

However, if you do venture out, we will have complimentary gourmet coffee and herbal teas to keep you warm on the inside and the warm neck wrap to keep you warm on the outside.



~Calendar~

Drop-In Meditation Classes with Tajalli

2nd and 4th Thursdays 6:30-8:00pm \$15 each or 4/\$48 prepaid

Pamper Your Partner Massage Class with Jack Hayes

Great gift item...

First Tuesday of the month 6:30-8:30pm

One Saturday a month 2:00-4:00pm

Cost: \$60/couple (bottle of oil and book included)

\$75.00 in 2007...gift certificates available now at the \$60 price

Reiki Classes with Ed Coyle, Reiki Master/Teacher

Reiki I: Sunday January 21, March 18, May 20, 2007

Reiki II: Sunday February 25, April 15, June 24, 2007

9am-6pm, \$150 each or \$250 for I & II

A.R.T. and Reiki Master Level: Scheduled as needed

Reiki Master Class: Scheduled as needed

Tai Chi Classes with Gary Harris

Tuesdays January 9-February 27 5:30-7:00pm \$80

Yoga Classes

Tuesdays 10-11:30am January 9-February 27 \$80/8 weeks

Instructor: **Heidi Shaffer**

Wednesdays 4-5:30pm January 10-February 28 \$80/8 weeks

Instructor: **Deidre McHugh**

Wednesdays 6-7:30pm January 10-February 28 \$80/8 weeks

Instructor: **Betty Zenar**

Build Your Business Seminar presented by Jack Hayes

Sunday May 6, 2007 9:00am-1:00pm \$95

Check out page 6 for the new referral thank-you program!!

~Acupuncture ~

Dr. Shila Mathew, MD, certified in Medical Acupuncture from McMaster University, is taking Saturday & Sunday appointments at both of our locations.

Dr. Mathew is also trained in GTT acupuncture to treat myofascial pain, fibromyalgia, stress, substance abuse and numerous musculoskeletal conditions. She is a member of the American Academy of Medical Acupuncture and is the medical director and co-founder of www.holisticonline.com . You can learn more about Dr. Mathew and acupuncture at www.drshila.com .

~Referral “Thank You” Program~

Our biggest growth has come from our own customers referring their friends and families to us. So, on July 1 we started a new program in which we thank you, our customers, for all the people you refer to us. **For each referral of a new customer, you will receive one (1) movie ticket to a Regal Theater.** Just have the referred person let us know that you referred them, and we will take care of the rest. (The referral is for a massage or Reiki treatment and the person has never been to Connecting Touch. Contact us for complete rules and guidelines.)

~Comments~

We always look forward to your comments and suggestions so feel free to forward them to me. *Jack*

Do you have any comments or suggestions? Just send them to jack@connectingtouch.com

~Community Room~

Baby Shower ***Bridal Shower***
Birthday Parties ***Business Meeting***

At our **Cuyahoga Falls location**, we have a Community Room in which we hold our classes, and we also rent out this room. If you or your organization is looking for a meeting room, contact us for availability. Great for meetings, bridal showers, birthday parties, etc. **Wireless Internet available.** Call 330-945-9354 for details.

~Know Your Therapist~

Each month we will feature one or two therapists.

Rica Keith, LMT

- Licensed in 2004 and the newest addition to our staff
- Hot Stone Massage
- Geriatric Massage
- Myofascial Release
- Neuromuscular Technique
- Pregnancy Massage
- Reflexology
- Massage for Fibromyalgia
- Deep Tissue Massage

~Types of Massage~

There are many types of massage techniques. Our therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage
Cranial Sacral
Deep Tissue
Fibromyalgia
Geriatric Massage

Myofascial Release
Neuromuscular Therapy
Shiatsu
Polarity
Pregnancy Massage

Reflexology
Reiki
Sports massage
Trigger Point

~Staff~

Massage Therapists

Michael Hale	Annie Lohmier	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Milford
Jack Hayes	Hallie Unkel	Rica Keith

Reiki Master/Teacher

Ed Coyle

Certified Acupuncturist

Dr. Shila Mathew, MD

Office Staff

Jack Hayes... President
Katie Hayes....General Manager
Nikki Hayes...General Manager-Hudson
Annie Lohmier...Office Assistant

~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service. **We are open 7 days a week.**

Massage Hours.....Monday–Friday 9:00 am to 6:30 pm
Saturday 9:00 am to 5:00 pm
Sunday 11:30 am to 4:00 pm

Store Hours.....Monday-Saturday 9:00 am to 6:00 pm
Sunday 11:30 am to 5:00 pm

Connecting Touch

Therapy & Wellness Center, Inc.

960 Graham Road
Cuyahoga Falls, Ohio 44221
330-945-9354 800-565-2926

1315B Corporate Dr
Hudson Ohio 44236
330-650-1467

www.connectingtouch.com