

Connecting Touch News

“Healthy Living Through Healthy Touch”

April 2007

About our new e-newsletter...I will be sending it out the first of each month.

I have included only the individuals who have expressed interest in receiving email from us. If you do not want to receive it, contact me at jack@connectingtouch.com, and I will promptly remove you from our email list. If you would like to share this newsletter with your friends, please feel free to do so.

You can access a printer-friendly version of our newsletter (as well as prior newsletters) at

<http://www.connectingtouch.com/ct/newsletter/default.htm>.

And as always, I thank you for your continued support and encouragement.

Jack Hayes

Massage Therapy for Your Active Lifestyle



Stay active and healthy with a monthly massage from Connecting Touch. As we become more active (after being sedentary for the winter), we find ourselves a little stiff and sore. Massage therapy helps with the stiff and sore muscles and keeps you going!!

And to make it easier on your budget to come in more frequently, we have a couple of ways to save money.

Discount Packages

Save 10%

Buy 9 Massage Gift Certificates and get the 10th FREE!

And receive a free music CD

10 Half-Hour Massages.....	\$378.00 (Save \$42.00)
10 One-Hour Massages.....	\$630.00 (Save \$70.00)
10 1½-Hour Massages.....	\$828.00 (Save \$92.00)

Save 5%

And receive 2 free bath salt packets

5 Half-Hour Massages.....	\$199.50 (Save \$10.50)
5 One-Hour Massages.....	\$332.50 (Save \$17.50)
5 1½-Hour Massages.....	\$437.00 (Save \$23.00)

As with all of our massage therapy treatment, sales tax must be charged on all nonprescribed treatments.

Thank You!!

Customer Appreciation Days

Monday April 16 & Tuesday April 17

~Product Sale~

15% Off All Products

(Including massage tables, massage chairs)

~Massage Gift Certificate Sale~

10% Off All Massage Gift Certificates Purchased

Buy a package of 10 massage gift certificates
and also receive:

- **5 Free Paraffin Hand Treatments (\$60.00 value) and**
- **Free CD (\$6.99-\$16 value)**

Just in time for:

- Secretaries Day April 25
- Mother's Day May 13
- Father's Day June 17
- Graduations
- Weddings

☺ Refreshments

☺ Free gift to first 25 people each day!



We are now offering Hot Stone Massage at our Hudson Office.

Treat yourself to a one-and-a-half hour Hot Stone Massage and experience the wonderful combination of massage with hot stones.

Cost is \$120.00 and only available at our Hudson office.

~Acupuncture ~

Dr. Shila Mathew, MD, certified in Medical Acupuncture from McMaster University, is taking Sunday only appointments at both of our locations.

You can learn more about Dr. Mathew and acupuncture at www.drshila.com.

Something New!

We have specialty gift certificates for different occasions.

See below:



Birthday Gift Certificates



Anniversaries or Weddings



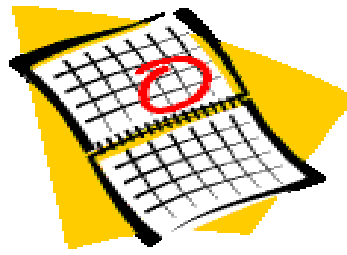
Graduations



Mother's Day



Father's Day...and more!!



~Calendar~

Drop-In Meditation Classes with Tajalli

2nd and 4th Thursdays 6:30-8:00pm \$15 each or 4/\$48 prepaid

Pamper Your Partner Massage Class with Jack Hayes

First Tuesday of the month 6:30-8:30pm

One Saturday a month 2:00-4:00pm

Cost: \$75/couple (bottle of oil and book included)

Reiki Classes with Ed Coyle, Reiki Master/Teacher

Reiki I: Sunday March 18, May 20, September 16, 2007 9a-6p \$150*

Reiki II: Sunday April 15, June 24, October 14, 2007 9a-6p \$150*

A.R.T. and Reiki Master Level: Scheduled as needed

*Ed's returning students receive a 10% discount on subsequent classes.

Tai Chi Classes with Gary Harris

Tuesdays February 27-April 17 5:30-7:00pm \$80

Tuesdays April 24-June 12 5:30-7:00pm \$80

Yoga Classes

Tuesdays 10-11:30am March 6-April 24 \$80/8 weeks

Instructor: **Heidi Shaffer**

Wednesdays 4-5:30pm March 7-April 25 \$80/8 weeks

Instructor: **Deidre McHugh**

Wednesdays 6-7:30pm March 7-April 25 \$80/8 weeks

Instructor: **Betty Zenar**

Build Your Business Seminar presented by Jack Hayes

Sunday May 6, 2007 9:00am-1:00pm \$95

Sunday October 7, 2007 9:00am-1:00pm \$95

~Referral “Thank You” Program~



Our biggest growth has come from our own customers referring their friends and families to us. So, on July 1 we started a new program in which we thank you, our customers, for all the people you refer to us. **For each referral of a new customer, you will receive one (1) movie ticket to a Regal Theater.** Just have the referred person let us know that you referred them, and we will take care of the rest. (The referral is for a massage or Reiki treatment and the person has never been to Connecting Touch. Contact us for complete rules and guidelines.)

~Comments~

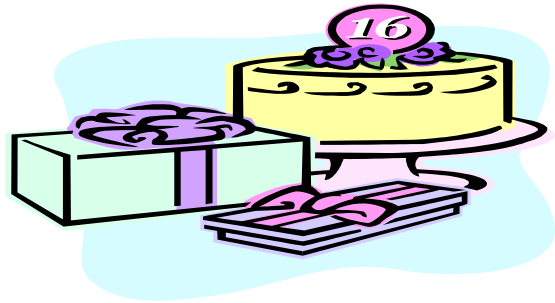
“I just want to say that I've been spoiled by the top-notch massotherapists such as Mike and Mark at Connecting Touch, as well as the wonderful atmosphere (the warm neck wrap greeting, extra blanket to keep chilly people (like me!) warm, THE MINT CHOCOLATE MORSEL <g>, a headrest during the massage, the offer of water following the massage (SO important!) and finally, the delightful touch of being able to choose a carnation to take home.

“In addition to these special amenities, I also appreciate the opportunity to purchase gift certificates and the savings offered when purchasing in bulk. The gift store has terrific items as well for the occasional purchase.

“You and your friendly expert staff do a wonderful, nay, a *superfantastic* job. Thank you for providing such a premium facility and services. Thanks again,” *SD*

Do you have any comments or suggestions? Just send them to jack@connectingtouch.com

~Community Room~



Baby Showers**Bridal Showers
Birthday Parties**Business Meetings

At our **Cuyahoga Falls location**, we have a Community Room in which we hold our classes, and we also rent out this room. If you or your organization is looking for a meeting room, contact us for availability. Great for meetings, bridal showers, birthday parties, etc. **Wireless Internet available.** Call 330-945-9354 for details.

~Types of Massage~



There are many types of massage techniques. Our massage therapists are trained in many modalities, some of which are listed below. This is not an all-inclusive list.

Relaxation Massage
Cranial Sacral
Deep Tissue
Fibromyalgia
Geriatric Massage

Myofascial Release
Neuromuscular Therapy
Shiatsu
Polarity
Pregnancy Massage

Reflexology
Reiki
Sports massage
Trigger Point

Our massage therapists are always continuing to learn new modalities of treatment. If the modality you want is not listed above, call to see if one of our massage therapists is trained in the modality you want.

~Staff~

Massage Therapists

Michael Hale	AnnMarie Lohmier	Bill McKinnon
Theresa Hastings	Mark Lamson	Jacqui Milford
Jack Hayes	Hallie Unkel	Rica Keith

Reiki Master/Teacher

Ed Coyle

Medical Acupuncturist

Dr. Shila Mathew, MD

Office Staff

Jack Hayes... President
Katie Hayes....General Manager
Nikki Hayes...General Manager-Hudson
AnnMarie Lohmier...Office Assistant

~About Connecting Touch~

Opened in 1995, we employ only individuals who are licensed or certified in their field of practice, thus providing a high level of service.

We are open 7 days a week.

Massage Hours.....Monday–Friday 9:00 am to 6:30 pm
Saturday 9:00 am to 5:00 pm
Sunday 11:30 am to 4:00 pm

Store Hours.....Monday-Saturday 9:00 am to 6:00 pm
Sunday 11:30 am to 5:00 pm

Connecting Touch

Therapy & Wellness Center, Inc.

960 Graham Road
Cuyahoga Falls, Ohio 44221
330-945-9354 800-565-2926

1315B Corporate Dr
Hudson Ohio 44236
330-650-1467

www.connectingtouch.com